

# FUN FITNESS<sup>SM</sup>

PREMIUM OPTIONAL CONTEST

AVAILABLE TO:  
ALL AGE DIVISIONS

**This new and exciting event is a high-paced runway competition that shows off not only your modeling skills but also helps promote health and fitness. You will walk the runway and model an age-appropriate athletic outfit. This is another chance for you to walk the runway and to be scouted by top industry professionals.**

## RULES

- A work out type outfit! ACCEPTABLE BOTTOMS: Legging, biker shorts, tennis skirt, athletic skort, any type of age appropriate athletic bottoms. ACCEPTABLE TOPS: An age-appropriate top which could be a t-shirt, crop top or an athletic sports bra.
- NOT ALLOWED: bikini or bra tops. No swimsuits
- Age appropriate make-up is allowed for all age divisions



## THE FACTS

ENTRY FEE: \$100/ENTRY  
ENTRY LIMIT: 2



## THE PRIZES

### WINNER

1. Scholarship towards competing in this year's National Fun Fitness Contest at the National Pageant in Orlando, FL (\$175 value)
2. Golden Ticket Invitation to compete in this year's National Competition in Orlando, FL

### 4 RUNNER-UPS

Golden Ticket Invitation to compete in this year's National Competition in Orlando, FL

### ALL PARTICIPANTS

1. Receive a Fun Fitness Participation Ribbon
2. Receive 1 Credit Point towards the Spirit of America award

## NAM PROVIDES

- Stage, Music.

## YOU BRING

- Work Out Type of Outfit (see rules above for details)

## FORMAT

- Contestants will perform the choreographed routine provided in the video. Contestants will not be allowed to deviate from the routine. They will be scored on fitness, personality, stage presence, confidence, and overall presentation.
- WALKING PATTERN: You will enter the stage from stage right and stop at the first X. You will then walk to the center (at back of the stage) and pause/pose. You will walk to the front of the stage to poise of your choice from those shown in example video. You will walk back to the back (center) of the stage and do a quick pause/pose and then walk stage left and do two jumping jacks. (see video for full walking pattern)